



Liz Mikel

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Height: 6' 1"
Weight: 250
Hair: Brown
Eyes: Brown



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TX LIC # 123

Commercial/Commercial Print

Cold Harbor Films	Publicis in Mid America	Pinpoint Solutions
TLP, Inc.	Morrison Productions	T.V. Tree Productions
Freestyle Productions		

Industrial

Blockbuster Entertainment	Cold Harbor Films	ESPI
J. C. Penney Company	Timberwolf Press	Big Shot Productions
Freestyle Productions	Blue Cactus Productions	

On-going Sally Beauty Supply: Spokes (since 1995), Emcee (live tour), and on sallybeauty.com (current)

Interactive

“Highway Hunter” – RoadKill for Terminal Reality

TV/Film

LAX (Pilot)	Angry Woman	NBC, Nan Bernstein
Seventy-8	Sunset	E Films, LLC, Jason Hampton
Barney’s Halloween Party	Parent/Guest	The Lyons Group
Can’t You Hear the Wind Howl?	Lola	Peter Meyer Productions
It’s In The Water	Viola Jones	Kelli Herd Productions
Quest For Freedom	Mother	Grace Productions, F. Holmes

Theatre

Ain’t Misbehavin’	Liz	Kalita Humphreys Theater
A Christmas Carol (1991-2001)	Ghost/Present	Dallas Theatre Center
Blood Brothers	Narrator	Theatre Three
African Tales of Earth and Sky	Mmoatia the Fairy	Dallas Children’s Theater
Cinderella	Fairy Godmother	Casa Manana
Avenue X	Julia	ACT Theater, Seattle
Annie Warbucks (Gavin MacLeod)	Ella Patterson	Casa Manana

Tours

Blind Lemon Blues	Female Lead/Blues Ens.	European Tour
Blues in the Night	Lady From the Road	National Tour
The Connection	Dancer/Storyteller	Young Audiences

Awards/Training

Mendie Award-Best Actress ’95, Theater Critics Forum Award-Best Ensemble ’97,
Leon Rabin Award-Best Actress in Musical ’98; Dance, Dialects, Teleprompter